



KUWAIT THORACIC SOCIETY CONFERENCE

MAIN LECTURE HALL

DAY-1: FRIDAY 30th JANUARY 2026

SESSION 1

TIME

AIRWAY DISEASE

SPEAKER

2:00-2:05

Welcome

Prof. Nasser Behbehani



Moderators: Dr. Fatma Huraish , Dr. Yousef Alramzi , Dr. Bassam Mahboub 

2:05 – 2:20

The landscape and burden of
asthma in Kuwait and the GCC

Prof. Mona Al Ahmed



2:20 – 2:40

Advances in Asthma Phenotyping and Precision Medicine

Prof. Celeste Porsbjerg



2:40 – 3:00

Year in review Chronic Obstructive Pulmonary
Disease (COPD): updates in COPD

Prof. Ashraf AlZaabi



3:00 – 3:10

Q&A

Moderators: Dr. Nawaf Al Enezi, Dr. Saleh Almutairi



3:10 – 3:30

Optimization of ICS-LABA in asthma care

Dr. Federico Lavorini



3:30 – 3:50

Escalating care in asthma, Step 5 Management

Dr. Abdullah Alramyan



3:50 – 4:00

Coffee Break - Networking

SESSION 2

TIME

SLEEP MEDICINE

SPEAKER

Moderators: Dr. Reyadh Salman , Dr. Eman Al Anbay , Dr. Ali Al Mousawi 

4:00 – 4:20

Updates in Sleep medicine

Dr. Mohanad Hawari



4:20 – 4:40

Central Sleep Apnea and Cheyne-Stokes

Dr. John Kimoff



4:40 – 5:00	AI in sleep medicine	Prof. Ahmad Bahammam 
5:00 – 5:05	Q&A	
Moderator: Dr. Mohamad Abdulsalam 		
5:05 – 5:25	Data driven decisions in sleep medicine	Mr. Thomas Stuht 
5:25 – 5:55	Beyond CPAP: The Role of Mounjaro in Managing Obesity-Related OSA	Dr. Waleed Aldahi  Dr. Hady Jerdak 
5:55 – 6:15	Coffee Break and Prayer	

SESSION 3

TIME	PULMONARY INFECTIONS AND INFLAMMATION	SPEAKER
Moderators: Dr. Mohammad Alshemmari  , Dr. Sanaa Al Mutairi  , Dr. Ashraf Zaabi 		
6:15 – 6:35	Bronchiectasis: Challenges in Diagnosis and Management	Dr. Saif Al-Mubaihsi 
6:35 – 6:50	Pneumonia	Dr. Abdullah Almutairi 
6:50 – 7:05	Vaccination for respiratory disease (when, how & who)	Dr. Mohammad Al-Salem 
7:05 – 7:25	Controlling inflammation in Asthma by reframing of recue therapy	Dr. Mansour Hameed 
7:25 – 7:30	Q&A	

MAIN LECTURE HALL

DAY-2: SATURDAY 31th JANUARY 2026

SESSION 4

TIME	PULMONARY HYPERTENSION	SPEAKER
Moderators: Dr. Saleh Al Dammas  , Dr. Noah Baqer  , Dr. Adnan Abul 		
9:00 – 9:20	Pulmonary Hypertension Updates	Dr. Mohammed Ghanbar 
9:20 – 9:40	Sickle Cell Disease–Associated Pulmonary Hypertension: Mechanisms, Markers, and Management	Dr. Majdy Idrees 
9:40 – 10:00	New Therapies and Clinical Trials in PAH	Dr. Stephen Mathai 
10:00 – 10:20	Targeting Vascular Dysfunction in PAH: Mechanistic Insights and Clinical Impact	Dr. Hussam Sakkijah 
10:20 – 10:30	Q&A	

TIME	KEYNOTE AND EVENT CEREMONY	SPEAKER
Moderators: Prof. Nasser Behbehani, Prof. Mousa Khadadah 		
10:30-10:45	Event ceremony Remarks	Minister of Health Dr. Mohammed Ghanbar
10:45-11:30	Keynote Lecture - Immune Drivers of Severe Asthma	Prof. Celeste Porsbjerg 
11:30 – 11:45	Coffee Break	
SESSION 5		
TIME	THORACIC RADIOLOGY	SPEAKER
Moderators: Dr. Zamel Al Zamel, Dr. Ahmed Sabri 		
11:45 – 12:05	Radiological features of Sarcoidosis and mimickers: A Practical Guide	Dr. Cornelia Schäfer-Prokop 
12:05- 12:25	CAD and Artificial Intelligence in Thoracic Imaging	Dr. Jürgen Biederer 
12:25 – 12:30	Q&A	
12:30-1:15	Prayer and Lunch	
SESSION 6		
TIME	INTERSTITIAL LUNG DISEASE	SPEAKER
Moderators: Dr. Abdulaziz Muqeen  , Dr. Abdullah Al Sakkat  , Dr. Salem Al Qahtani 		
1:15 – 1:35	Fibrotic lung disease predictors of progression and response to treatment	Dr. Fahad Al Obeid 
1:35– 1:55	Navigating Diagnostic Challenges and Management in Pulmonary Sarcoidosis	Dr. Luca Richeldi 
1:55– 2:15	ILD in Connective Tissue Disease: Clinical Challenges	Dr. Sonye Danoff 
2:15-2:25	Q&A	
Moderators: Dr. Mohammad Ghanbar , Dr. Abdullah Al Ramyan 		
2:25 – 2:45	Clinical Advances in PH-ILD: Targeting the Prostacyclin Pathway	Dr. Majdy Idrees 
2:45 – 3:05	Evolving Role for Antifibrotics: Expanding Beyond IPF	Dr. Luca Richeldi 
3:05-3:30	Coffee Break	

SESSION 7		
TIME	THORACIC SURGERY, ONCOLOGY & IP	SPEAKER
Moderator: Dr. Essa Al Ghunaim 		
3:30 – 4:00	KEYNOTE THORACIC: Breathomics in Lung Cancer: From Volatile Biomarkers to Early Detection	Dr. Renelle Myers 
Moderators: Dr. Derar Shehab, Dr. Yousef Al Eid, Dr. Najeeb Al Ghanim 		
4:00 – 4:15	Surgical updates in the management of Lung Cancer	Dr. Yaseen Al Lawati 
4:15 – 4:30	Lung Cancer screening	Dr. Sharon Ong 
4:30 – 4:45	Management of Pleural Infection: When and How to Intervene	Dr. James Bond 
4:45 – 5:00	Role of EBUS/EUS in mediastinal LN staging	Dr. Sulaiman Khadadah 
5:00 – 5:10	Q&A	



KUWAIT THORACIC SOCIETY

CONFERENCE

PEDIATRIC THEATRE
DAY-1: FRIDAY 30th JANUARY 2026

SESSION 1		
TIME	TOPIC	SPEAKER
2:00 – 2:05	Welcome main lecture hall	Prof. Nasser Behbahani 
2:05 – 3:50	Sleep Technology workshop (ATC)	Mr. Amr Obeidat 
3:50 – 4:00	Coffee Break	
SESSION 2		
TIME	TOPIC	SPEAKER
4:00 – 7:30	Pulmonary Hypertension Echo Workshop	Dr. Hani Sabbour Dr. Fatima Hadi 

PEDIATRIC THEATRE

DAY-2: SATURDAY 31th JANUARY 2026

SESSION 3

TIME	TOPIC	SPEAKER
9:00 – 10:30	Respiratory Board Review	Dr. Mahmoud Mokhtar 
TIME	KEYNOTE AND EVENT CEREMONY	SPEAKER
10:30-10:45	Event ceremony Remarks	Minister of Health Dr. Mohammed Ghanbar
10:45-11:30	Keynote Lecture - Immune Drivers of Severe Asthma	Prof. Celeste Porsbjerg 
11:30 – 11:45	Coffee Break	

SESSION 4

TIME		SPEAKER
Moderators:		
11:45 – 12:05	Pediatric Severe Asthma	Dr. Rawan Al fouzan 
12:05- 12:25	Pediatric Lung Transplant in Saudi Arabia: Overview and Outcome	Dr. Mohammed Hussain 
12:25 – 12:30	Q&A	
12:30 – 1:15	Biologics in COPD – the knowns and unknowns	Prof. Ashraf AlZaabi 

SESSION 5

TIME		SPEAKER
Moderators:		
1:15 – 1:40	Pediatric Sleep	Dr. Saadoun Bin-Hasan 
1:40 – 2:05	Long Term Ventilation Program	Dr. Aseel Al Awadhi 
2:05 – 2:30	Pulmonary Hypertension – Respiratory Perspective	Dr. Athari Al Maged 
2:30 – 2:55	Pulmonary Hypertension – Cardiac Perspective	Dr. Abdulaziz Al Osaimi 
2:55 – 3:05	Q&A	



KUWAIT THORACIC SOCIETY CONFERENCE

KTS THEATRE

DAY-1: FRIDAY 30th JANUARY 2026

SESSION 1

TIME	TOPIC	SPEAKER
2:00 – 2:05	Welcome Main lecture Hall	Prof. Nasser Behbahani
Moderators: Dr. Zamel Al Zamel & Dr. Abdullah Al Saraf 		
2:05 – 2:35	CT findings in Myositis related ILD	Dr. Ahmed Sabry 
2:35 – 3:05	Thoracic imaging cases	Dr. Ahmed Abdulkarim 
3:05 – 3:35	Non-Vascular Thoracic Intervention	Dr. Abdullah Al Jebreen 
3:30 – 3:50	Q&A	
3:50 – 4:00	Coffee break	

SESSION 2

Moderator: Dr. Ahmad Taqi 		
4:00 – 5:40	The latest in inhaler management: Beyond the basics Sponsored by HIKMA & GSK	Dr. Fatima Ismail 
5:40 – 5:50	Q&A	

SESSION 3

Moderators: Dr. Mohammad Ghanbar, Dr. Noah Baqer 		
7:05 – 7:50	Research Rounds	KFAS talk Dr Mohmmmed Al Hajay 

SESSION 4

TIME	TOPIC	SPEAKER
9:00 – 10:20	Mastering Inhaled Antibiotics: A Pharmacist's Guide	Dr. Ahmad Taqi 
10:20 – 10:30	Q&A	

Moderators: Prof. Nasser Behbehani, Prof. Mousa Khadadah 		
10:30 – 10:45	Opening Ceremony Remarks	Minister of Health Dr. Mohammed Ghanbar
10:45 – 11:30	Keynote Lecture: Immune Drivers of Severe Asthma	Prof. Celeste Porsbjerg 
11:30 – 11:45	Coffee break	

SESSION 4

TIME	TOPIC	SPEAKER
11:45 – 12:20	Drug-Induced Lung Injury: Early Detection, Prevention & Pharmacist-Led Intervention	Dr. Ethar Makhseed 
12:20 – 12:30	Q&A	
12:30 – 1:15	Comprehensive Protection Against COPD Exacerbations	Dr. Aisha AlAdab 
	Updates in Severe Asthma	Dr. Bassam Mahboub 
	Be Lung aware, Lung cancer screening	Dr. Sulaiman Khadadah 

SESSION 5

TIME	TOPIC	SPEAKER
1:15 – 2:15	Anticoagulation in Pulmonary Embolism: From ED to Outpatient Follow-Up	Dr. Sharifa Alfajri 
2:15 – 2:45	Q&A	
3:05 – 3:30	Coffee Break	

SESSION 6

TIME	TOPIC	SPEAKER
Moderators:		
3:30 – 5:00	Nursing Care in respiratory medicine & thoracic surgery	Dr. Gheson Boresli 
5:00 – 5:10	Q&A	



KUWAIT THORACIC SOCIETY CONFERENCE

ROOM B DAY 1

DAY-1: FRIDAY 30th JANUARY 2026

TIME	TOPIC	PRESENTERS
3:00 – 7:00	Translating Evidence in ILD: From Trials To Practice	Prof Luca Richeldi  Dr. Nouh Baqer  Dr. Mohammad Ghanbar  Dr. Maha Anbar  Dr. Khuloud Eisa 

ROOM B DAY 2

DAY-2: SATURDAY 31th JANUARY 2026

TIME	TOPIC	PRESENTERS
9:00 – 12:00	Sleep Technology Workshop (Lowenstein)	Mr. Thomas Sthut 
12:00 – 1:00	Prayer and Lunch	
1:00 – 3:00	Thoracic Surgery and Thoracic Surgery Masterclass Workshop	Dr. Essa Alghunaim  Dr. Yousef Aleid 
3:30 – 5:10	Titration Studies (CPAP & BIPAP) (Lowenstein)	Mr. Thomas Sthut 



KUWAIT THORACIC SOCIETY CONFERENCE

PRE-CONFERENCE WORKSHOPS



TIME	TOPIC	DESCRIPTION	PRESENTER	LOCATION
RADIOLOGY				
9:00-12:00	ILD	Pattern based approach to radiographic ILD interpretation	ESOR speakers	Lecture Hall
9:00 -12:00	Lung Nodules	Approach to identifying and interpreting lung nodules on imaging	ESOR speakers	KTS theatre



TIME	TOPIC	DESCRIPTION	PRESENTER	LOCATION
SLEEP				
9:00-10:30	NIV	NIV indications, contraindications, and device management	Dr. Mohammad Abdulsalam	Room B
DATA INTERPRETATION				
10:30-12.00	PFT	PFT interpretation and real case scenarios	Dr. Nawaf Al Enezi	Room B
10:30-12.00	RHC	RHC waveform principles and interpretation	Dr. Fatma Hadi Dr. Essam	Conf Room
PROCEDURES				
9:00-10:30	Lung US	Review and practice of lung US fundamentals	Zuhair Betair/ Abdullah Al Ramyan	Pediatric theatre
10:30-12:00	Chest Drain	Review of indications and drain insertion techniques	Fahad Al Roumi	Pediatric theatre